



Mabel Park State High School TUCKSHOP MENU 2016



HOT FOOD

Bacon, Egg & Cheese Breggie	\$3.00
Bacon & Egg Muffin	\$3.00
Chicken Chippies (bag of 6)	\$3.00
Chicken Wedges (bag of 4)	\$3.00
Chicken & Garlic balls (bag of 3)	\$2.50
Chilli Chicken Wrap with Lettuce & Mayo	\$3.60
Chicken Burger with Lettuce & Mayo	\$4.00
Chicken, Cheese & Bacon Burger	\$4.50
Hamburger with Salad	\$4.20
Cheeseburger	\$3.50
Hot Dog (Halal)	\$2.80
Mini Cheese/Bacon or Pizza Rolls	\$1.80
Parmi Burger with Salad	\$4.50
Riblet Rolls	\$3.00

TOASTED SANDWICHES (Made to Order)

Meat and Salad (Choose either Ham, Chicken, Cornbeef or Roast Beef)	\$4.50
Chicken and Cheese (Halal)	\$4.60
Chicken, Cheese & Mayo (Halal)	\$4.20
Ham, Cheese & Tomato	\$4.20
Salad	\$4.00
Egg & Lettuce	\$3.50
Rolls & Wraps Extra	\$0.50

SALAD PLATES

Large	\$5.00
Small	\$4.00
Meat & Salad – Large	\$6.00
Meat & Salad – Small	\$5.00
Chicken Caesar Salad – Small (Halal)	\$3.50

Note: Salad consists of Tomato, Cucumber, Cheese, Lettuce, Beetroot and Carrot

ICE BLOCKS

Mini Calippos	\$1.00
Lemonade Icy Twist	\$1.20
Frozen Yoghurt	\$2.50
Choc Shaky Cups (99% fat free)	\$2.00
Vanilla Cups (99% fat free)	\$2.00

MISCELLANEOUS

Fruit (Seasonal)	Various
Fruit Bowls	\$2.50
Red Rock Chips – Plain or Honey Soy	\$1.20
Corntos – BBQ or Cheese	\$1.00
Snaps (gluten free)	\$1.50
Grain Waves Chips	\$1.50
Sauce Portions – Tomato or BBQ	\$0.30

HOT FOOD

Noodles (Chicken or Beef)	\$3.00
Potato Pie (reduced fat)	\$4.20
Beef Pie (reduced fat and salt)	\$4.00
Cruizer Beef and Cheese Pie (reduced fat)	\$4.20
Sausage Roll (reduced fat and salt)	\$2.80
Garlic Bread	\$1.50
Lasagne	\$4.20
Variety of Daily Homemade Meals	\$5.00
Hash Browns	\$1.00

CAKES AND BISCUITS

Assorted Muffins – Homemade (low fat)	\$1.00
Go Cookies	\$1.20
Bakel Bake Cookies	\$1.00
Banana Bread	\$2.20
Lamingtons	\$1.50

DRINKS

Fruit Juice Poppers	\$1.50
Slushie Iced 99% Juice - Small	\$2.50
Slushie Iced 99% Juice – Large	\$3.50
Popper – Breaka	\$2.20
Breaka Flavoured Milk (600ml)	\$4.50
Oak Flavoured Milk (600ml)	\$4.50
Ice Break (500ml)	\$4.80
Plain Milk (300ml)	\$1.60
Up & Go Popper	\$2.50
Focus Flavoured Water (500ml)	\$2.50
Focus Flavoured Water (300ml)	\$2.00
Nu Spring Water (600ml)	\$2.00
Appletiser (250ml)	\$2.50
Chill Aloe (500ml)	\$2.50
Glee (250ml)	\$2.00
Boost Juice	\$3.00
Only Juice – Orange (500ml)	\$3.00
Pink Lemonade (500ml)	\$3.00
Goulburn Apple Juice (350ml)	\$3.00
Breaka Bottle (300ml)	\$2.50

**PLEASE PRE-ORDER TO AVOID
DISAPPOINTMENT**

**We use low fat and low salt products.
Our fresh chicken products are Halal.**



* Prices and products are subject to change