

# RUGBY LEAGUE ACADEMY OF EXCELLENCE

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# Aims of the Academy

The Rugby League Academy of Excellence Program aims to provide students with unparalleled opportunities to develop their sporting ability towards the elite level and to successfully develop each student to reach their full potential.

Rugby League is integrated within the HPE Curriculum. Students receive 5 x 70 minute specialised Rugby League lessons per week as a timetabled subject. This includes HPE theory, game analysis, nutrition, strength and conditioning and skill development.

We provide expert coaching, personalised training programs via the latest industry methods and techniques and a supportive environment to ensure student success.

Students receive targeted support to balance academic, sporting and career goals while managing training and playing commitments.

## Coaching Staff

### **Mr Lee Addison**

- Level 3 High Performance Rugby League Coach
- International Head Coach of Poland and Spain
- Assistant Coach at multiple World Cups for USA and Ireland
- Coaching Staff at NRL Penrith Panthers and Manly Sea Eagles
- Owner of RugbyLeagueCoach.com.au

### **Mr Ashford McKenzie**

- Level 1 Strength and Conditioning Coach
- Bachelor of Exercise Science
- Owner of Australian Strength Academy

### **Mr Ash Adams**

- Level 2 High Performance Rugby League Coach
- Manly Sea Eagles Queensland High Performance Manager

### **Mr Ben Weston**

- Level 2 High Performance Rugby League Coach
- Leeds Rhinos Development Coach
- Brisbane Stingers Coach

### **Mr Michael Taylor**

- Level 2 High Performance Rugby League Coach
- Brisbane Stingers Coach



# Selection Criteria

Students are interviewed by the school administration team, at which time enrolment in the program is considered based on feedback from practical trial, academic progress, behaviour and effort grades.

The format for the practical trials includes:

- technical assessment in Rugby League;
- athletic ability assessment; and
- game awareness assessment.

# Entry Requirements

Students must be playing, or have the ability to play at regional representative standard eg. Metropolitan East, Metropolitan West, BMTA Mustangs, Ipswich Falcons or Redlands.

Students must meet three criteria to remain in the program:

- Progression in the Rugby League Academy;
- Academic standards that reflect genuine effort; and
- High standards of effort and behaviour.

# Conditions of enrolment

The below are expected of all students in the Academy:

- Obey all school rules and policies.
- Follow the school's Student Code of Conduct.
- Wear the correct uniform at all times.
- Be conscientious in all studies, fulfilling all course requirements, including homework and assessments.
- Achieve at least a B academic standard in both effort and behaviour in all subjects.

