



TUCKSHOP MENU 2019

All Pre-orders close at 9:45am

Place orders at the Tuckshop or via Flexischools (website or app)

BREAKFAST HOT FOOD

Only Available Between 8am – 9am

Bacon & Egg Wraps with BBQ Sauce	\$2.50
Bacon & Egg Muffins - Smokey Cheese & Hollandaise Sauce	\$3.00
Hash Brown	\$1.00

MEAL DEALS

All Meal Deals Are Pre-Orders Only

A) Burger Meal Deal <i>Burger – Chicken burger or Cheeseburger or Grilled Chicken Burger</i> <i>Drink – Carbonated Juice Can or Small Water or Small Breaka</i> <i>Icy Pole – Icy Twist or Calippo Mini</i>	\$6.50
B) Sandwich & Drink Meal Deal <i>Sandwich – Meal & Salad or Cheese & Salad</i> <i>Drink – Pump Water or Large Breaka</i>	\$7.00
C) Salad Meal Deal <i>Small Caesar Salad & Pump Water</i>	\$7.00
D) Tuckshop Special Meal Deal <i>Tuckshop Special & 600ml Water</i>	\$7.00
E) Spicy Meal Deal <i>Spicy Chicken Burger & Large Breaka</i>	\$8.00

HOT FOOD

Crumbed Chicken Goujons (<i>bag of 6</i>)	\$3.00
Pork Riblet Roll with BBQ Sauce	\$4.00
Hot Dog *H	\$3.50
Sweet Chilli Chicken Wrap - <i>Lettuce & Mayo</i>	\$3.50
Mrs Mac's Pies	\$4.50
Potato Pie *RF	\$4.50
Beef Pie *RF & RS	\$3.50
Homemade Sausage Roll	\$3.00
Garlic Bread	\$2.00
Tuckshop Special (<i>per serve</i>)	\$5.50
Sauces – <i>Tomato or Barbeque</i>	\$0.30

TOASTED SANDWICHES

Pre-order to customise your toasted sandwich

Chicken & Cheese Toastie *H	\$4.00
Chicken, Cheese & Mayo Toastie *H	\$4.00
Ham, Cheese & Tomato Toastie	\$4.00
Cheese & Tomato Toastie	\$3.50

BURGERS

Chicken Burger with Lettuce & Mayo	\$4.00
Chicken, Cheese & Bacon Burger - <i>BBQ Sauce</i>	\$5.00
Hamburger with Salad – <i>Lettuce, Tomato, Beetroot & Tomato Sauce</i>	\$4.50
Cheeseburger – <i>Beef Pattie, Sliced Cheese & Tomato Sauce</i>	\$4.00
Spicy Chicken Burger – <i>Lettuce & Spicy Peri Peri Mayo</i>	\$5.00
Kriscross Chicken Burger – <i>Sliced cheese, Coleslaw & Aioli</i>	\$4.50
O'Relish Burger – <i>Onion Jam, Cheese, Bacon & Homemade Chicken Pc</i>	\$5.00
Grilled Chicken Burger – <i>Ranch Dressing, Lettuce, Tomato</i>	\$4.00

PRE-MADE SANDWICHES

- *Make into a Rolls, Wraps or Bun for \$0.50 extra*
- *Add individual salad items for \$0.50 each*

Meat & Salad Sandwiches <i>Available: Chicken, Ham, Corned Beef & Roast Beef</i>	\$4.00
Chicken, Lettuce & Mayo *H	\$3.50
Ham, Cheese, Tomato Sandwich	\$4.00
Salad Sandwich	\$3.50
Egg & Lettuce Sandwich	\$3.00
Chicken & Cheese Sandwich	\$4.00
Cheese & Tomato Sandwich	\$3.50

SALAD

Salad consists of Tomato, Cucumber, Cheese, Lettuce, Beetroot, Carrot & Egg

- *Add individual salad items for \$0.50 each*

Salad Bowl - Large	\$5.00
Salad Bowl - Small	\$4.50
Meat & Salad – Large	\$6.00
Meat & Salad – Small	\$5.00
Chicken Caesar Salad – Small *H	\$4.50
Chicken Caesar Salad – Large *H	\$6.50
Summer Salad – <i>Roast Sweet Potato, chic peas, dried figs, coriander, olive oil, feta, ground korma, ground coriander</i>	\$4.50



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CAKES, BISCUITS & SLICES

Homemade Muffins *LF	\$0.50
Sumo Cookies	\$0.50
Homemade Cookies	\$1.00
Banana Bread	\$3.00
Muesli Slice	\$2.00
Slices	\$3.00

SNACKS

Fantastic Noodles - Chicken or Beef	\$3.00
Cheese & Bacon Roll	\$2.00
Pizza Rolls	\$2.00
Corntos Chips – Cheese & BBQ *H *GF	\$1.00
Chips - Honey Soy, Grain Waves, Salt & Vinegar Chips & Jjays	\$1.50

FRUIT

Fruit (Seasonal)	\$0.50
Fruit bowl OR Fruit, Yoghurt and Muesli	\$4.50

ICY POLES

Streets Paddle Pop Ice Creams	\$1.50
Calippo Mini	\$1.00
Icy Twists	\$1.00
Frozen Yoghurts *GF	\$2.50

DRINKS

Orange Grove Juice 99% fruit juice (250ml)	\$3.00
Fruit Juice Poppers	\$1.50
– Apple, Tropical, Apple Mango	
Small Slushie (250ml) 99% Juice	\$1.00
Breaka Flavoured Milk (300ml)	\$2.00
– Chocolate, Vanilla, Banana, Strawberry & Lime	
Breaka Flavoured Milk (500ml)	\$4.00
– Chocolate, Vanilla, Banana, Choc Malt & Strawberry	
Barista Bros Flavoured Milk (500ml)	\$4.00
– Chocolate Flavoured	
Pump Bottled Water (750ml)	\$3.50
Nu Spring Bottled Water (250ml)	\$1.00
Bottled Water (600ml)	\$2.00
Carbonated Juice Can (250ml)	\$2.00
Nippys Iced Flavoured Milk (375ml)	\$3.00
– Chocolate, Coffee, Strawberry, Mocha Flavours	
Chill Aloe Flavoured Water (500ml)	\$3.00
Krazy Lemonade (500ml)	\$3.50
Focus Flavoured Waters (350ml)	\$2.00
Focus Flavoured Waters (500ml)	\$3.00
Liptop Iced Tea (350ml)	\$3.50
Pink Lemonade (500ml)	\$3.50
Powerade Active (600 ml)	\$3.50



* H = Halal, GF = Gluten Free, LF = Low Fat, V = Vegetarian, RF = Reduced Fat, RS = Reduced Salt